

2018-9 WOMEN'S INDOOR TRACK & FIELD

TOP 3 SEASON PERFORMANCES

60-METER DASH

ATHLETE	RESULT	DATE
Rylei Jackson	7.83	EIU Early Bird (12/7)
Vivica Coleman.....	7.83	EIU John Craft (1/18)

60-METER HURDLES

ATHLETE	RESULT	DATE
Pedra Hicks	8.74	EIU Friday Night (2/13)
Kristen Dowell.....	8.78	EIU Friday Night (2/13)
Morgan Atchison.....	9.23	EIU Early Bird (12/7)

200-METER DASH

ATHLETE	RESULT	DATE
Kristen Dowell.....	25.64	Grand Valley Big Meet (2/8)
Pedra Hicks	26.10	Notre Dame Meyo (2/1)
Rylei Jackson	26.27	Grand Valley Big Meet (2/8)

400-METER DASH

ATHLETE	RESULT	DATE
Kristen Dowell.....	57.13	Notre Dame Meyo (2/1)
Pedra Hicks	57.63	OVC Championships (2/20)
Sophia Keith	58.00	EIU Early Bird (12/7)

600-METER RUN

ATHLETE	RESULT	DATE
Amani Jackson-Gladney	1:45.29	Illinois Intercollegiate (1/12)
Maddy Gil	1:49.80	EIU John Craft (1/18)

800-METER RUN

ATHLETE	RESULT	DATE
Megan Adams.....	2:25.04	EIU John Craft (1/18)
Chloe Irish	2:25.20	EIU Friday Night (2/13)
Amani Jackson-Gladney	2:25.27	Grand Valley Big Meet (2/8)

MILE RUN

ATHLETE	RESULT	DATE
Kate Bushue	5:12.98	EIU Friday Night (2/13)
Megan Adams.....	5:16.04	Iowa Black & Gold (1/25)
Abby Fisher	5:18.20	OVC Championships (2/20)

3000-METER RUN

ATHLETE	RESULT	DATE
Maggie McPherson.....	10:16.86	Grand Valley Big Meet (2/8)
Avani Flanagan.....	10:23.60	OVC Championships (2/20)
Maggie McPherson.....	10:25.31	OVC Championships (2/20)

5000-METER RUN

ATHLETE	RESULT	DATE
Maggie McPherson.....	17:49.40	Notre Dame Meyo (2/1)
Avani Flanagan.....	18:17.36	Notre Dame Meyo (2/1)
Shelby Siltman.....	10:47.36	Iowa Black & Gold (1/25)

HIGH JUMP

ATHLETE	RESULT	DATE
Paige Minor	5-02.50 / 1.59 m	Grand Valley Big Meet (2/8)
Alexis Brown.....	5-02.25 / 1.58 m	EIU Early Bird (12/7)

LONG JUMP

ATHLETE	RESULT	DATE
Louisa Rieger	16-04.25 / 4.98 m	EIU Friday Night (2/13)
Vivica Coleman.....	15-11.50 / 4.86 m	EIU Friday Night (2/13)
Whitney Smith	15-07.50 / 4.76 m	EIU Early Bird (12/7)

TRIPLE JUMP

ATHLETE	RESULT	DATE
Whitney Smith	34-00.75 / 10.38 m	EIU Early Bird (12/7)

POLE VAULT

ATHLETE	RESULT	DATE
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SHOT PUT

ATHLETE	RESULT	DATE
Makenna Wilson	43-01.00 / 13.13 m	EIU Early Bird (12/7)
Abigail Nicholson	42-04.75 / 12.92 m	OVC Championships (2/20)
Jasmine Woodley	42-01.50 / 12.92 m	OVC Championships (2/20)

WEIGHT THROW

ATHLETE	RESULT	DATE
Jasmine Woodley	60-03.75 / 18.38 m	Grand Valley Big Meet (2/8)
Makenna Wilson	56-03.75 / 17.16 m	Illinois Intercollegiate (1/12)
Abigail Nicholson	43-03.75 / 13.81 m	OVC Championships (2/20)

PENTATHLON

ATHLETE	RESULT	DATE
Louisa Rieger	3939 points.....	IWU Keck Multi (2/1)

2018-19 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**MEGAN
ADAMS**

Distance ... Freshman

Mendon, Illinois
Mendon Unity

Meets Completed: 5

EVENT	RESULT	MEET
800 meters.....	2:25.04	EIU John Craft (1/18)
Mile.....	5:16.04	Iowa Black & Gold (1/25)

PERSONAL HIGHS	EIU RECORD BOOK
800 meters.....	2:25.04
Mile.....	5:16.04



**MORGAN
ATCHISON**

Hurdles ... Sophomore

Chester, Illinois
Chester HS

Meets Completed: 8

EVENT	RESULT	MEET
60m hurdles.....	9.23	EIU Early Bird (12/7)
400 meters.....	1:01.77	EIU John Craft (1/18)

PERSONAL HIGHS	EIU RECORD BOOK
60m hurdles.....	9.23
400 meters.....	1:01.77



**STEPHANIE
BACH**

Distance ... Freshman

Lawrenceville, Illinois
Lawrenceville

Meets Completed:

EVENT	RESULT	MEET
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PERSONAL HIGHS	EIU RECORD BOOK
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**ALEXIS
BROWN**

High Jump ... Freshman

Belleville, Illinois
Belleville West

Meets Completed: 5

EVENT	RESULT	MEET
High Jump	5-02.25	EIU Early Bird (12/7)

PERSONAL HIGHS	EIU RECORD BOOK
High Jump	5-02.25

2018-19 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**KATE
BUSHUE**

Distance ... Sophomore

Freeport, Ill.
Freeport HS

Meets Completed: 4

EVENT	RESULT	MEET
Mile.....	5:12.98	EIU Friday Night (2/13)

PERSONAL HIGHS	EIU RECORD BOOK
Mile.....	5:12.04
3,000 meters.....	10:24.40
5,000 meters.....	17:49.29



**VIVICA
COLEMAN**

Sprints/Jumps ... Freshman

Melrose Park, Illinois
Walther Christian

Meets Completed: 7

EVENT	RESULT	MEET
60 meters.....	7.83	EIU John Craft (1/18)
200 meters.....	26.77	Grand Valley Big Meet (2/8)
Long Jump.....	15-11.50 / 4.86 m	EIU Friday Night (2/13)

PERSONAL HIGHS	EIU RECORD BOOK
60-Meter Dash.....	7.83
200-Meter Dash.....	26.77
Long Jump.....	15-11.50/ 4.86m



**MILAN
CARTER**

Middle Distance ... RS-Sophomore

Palos Heights, Illinois
Shepard HS

Meets Completed: 2

EVENT	RESULT	MEET
800 meters.....	2:37.63	EIU Early Bird (12/7)

PERSONAL HIGHS	EIU RECORD BOOK
400 meters.....	1:08.09
600 meters.....	1:56.59



**MEGHAN
DONOVAN**

Distance ... Freshman

Naperville, Illinois
Naperville Central

Meets Completed: 0

EVENT	RESULT	MEET
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PERSONAL HIGHS	EIU RECORD BOOK
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2018-19 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



KRISTEN DOWELL

Hurdles ... Graduate Student

Edwardsville, Illinois
Edwardsville HS

Meets Completed: 8

EVENT	RESULT	MEET
60m hurdles.....	8.78	EIU Friday Night (2/13)
200 meters.....	25.64	Grand Valley Big Meet (2/8)
400 meters.....	57.13	Notre Dame Meyo (2/1)

EASTERN ILLINOIS

PERSONAL HIGHS (EIU)	EIU RECORD BOOK
60m hurdles.....	8.789th (2019)
200 meters.....	25.64
400 meters.....	57.137th (2019)

CAREER HIGHS (NEBRASKA)

60m hurdles.....	8.57	2017 Big Ten Championships
200 meters.....	25.35	2017 Nebraska Mark Colligan
400 meters.....	55.57	2017 Nebraska Tune-Up



KAITLYN EBERT

Throws ... Senior

Foley, Alabama
Foley HS

Meets Completed: 3

EVENT	RESULT	MEET
Shot Put.....	35-11.25 / 10.95 m	EIU Friday Night (2/13)

PERSONAL HIGHS	EIU RECORD BOOK
Shot Put.....	35-11.25 / 10.95 m



ABBY FISHER

Distance ... Senior

St. Joseph, Illinois
St. Joseph-Ogden HS

Meets Completed: 4

EVENT	RESULT	MEET
800 meters.....	2:32.03	EIU John Craft (1/18)
Mile.....	5:18.20	OVC Championships (2/20)

PERSONAL HIGHS	EIU RECORD BOOK
800 meters.....	2:31.06
Mile.....	5:18.20
3,000 meters.....	11:10.08



AVANI FLANAGAN

Middle Distance ... Sophomore

Crystal Lake, Illinois
Crystal Lake Central HS

Meets Completed: 5

EVENT	RESULT	MEET
Mile.....	5:21.74	EIU John Craft (1/18)
3,000 meters.....	10:23.60	OVC Championships (2/20)
5,000 meters.....	18:17.36	Notre Dame Meyo (2/1)

PERSONAL HIGHS	EIU RECORD BOOK
800 meters.....	2:40.02
Mile.....	5:21.74
3,000 meters.....	10:23.60
5,000 meters.....	18:17.36

2018-19 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



KAMERON RE'FRAZIER

Sprints...RS-Freshman

Belleville, Illinois
Belleville West HS

Meets Completed: 4

EVENT	RESULT	MEET
200 meters.....	26.88	EIU Friday Night (2/13)
400 meters.....	1:00.11	OVC Championships (2/20)

PERSONAL HIGHS	EIU RECORD BOOK
200-Meter Run.....	26.88
400-Meter Run.....	1:00.11



MADDY GIL

Hurdles ... Junior

Crystal Lake, Illinois
Crystal Lake South HS

Meets Completed: 4

EVENT	RESULT	MEET
400 meters.....	1:03.89	EIU Friday Night (2/13)
600 meters.....	1:49.80	EIU John Craft (1/18)

PERSONAL HIGHS	EIU RECORD BOOK
60m hurdles.....	9.83
400 meters.....	1:03.89
600 meters.....	1:45.43



ASHLEY GILMORE

Distance ... Sophomore

Freeburg, Illinois
Freeburg HS

Meets Completed: 2

EVENT	RESULT	MEET
800 meters.....	2:36.76	EIU John Craft (1/18)
Mile.....	5:50.87	Illinois Intercollegiate (1/12)

PERSONAL HIGHS	EIU RECORD BOOK
800 meters.....	2:32.29
Mile.....	5:50.87
3,000 meters.....	12:12.35



PEDRA HICKS

Hurdles ... Senior

Chicago, Illinois
Thornridge HS

Meets Completed: 7

EVENT	RESULT	MEET
60m hurdles.....	8.74	EIU Friday Night (2/13)
200 meters.....	26.10	Notre Dame Meyo (2/1)
400 meters.....	57.21	OVC Championships (2/20)

PERSONAL HIGHS	EIU RECORD BOOK
60m hurdles.....	8.74
200 meters.....	26.10
400 meters.....	57.11

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EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**CHLOE
IRISH**

Distance ... Sophomore

De Pere, Wisconsin
West De Pere HS

Meets Competed: 6

EVENT	RESULT	MEET
800 meters.....	2:25.20	EIU Friday Night (2/13)
Mile	5:38.81	Illinois Intercollegiate (1/12)

PERSONAL HIGHS	EIU RECORD BOOK
800 meters.....	2:25.20
Mile	5:31.53



**RYLEI
JACKSON**

Sprints ... Freshman

Palos Heights, Illinois
West De Pere HS

Meets Competed: 7

EVENT	RESULT	MEET
60 meters.....	7.77	OVC Championships (2/20)
200 meters.....	25.87	OVC Championships (2/20)

PERSONAL HIGHS	EIU RECORD BOOK
60 meters.....	7.77
200 meters.....	25.87



**AMANI
JACKSON-GLADNEY**

Middle Distance ... Freshman

Chicago, Illinois
Kenwood HS

Meets Competed: 7

EVENT	RESULT	MEET
600 meters.....	1:45.29	Illinois Intercollegiate (1/12)
800 meters.....	2:25.27	Grand Valley Big Meet (2/8)

PERSONAL HIGHS	EIU RECORD BOOK
600 meters.....	1:45.29
800 meters.....	2:25.27



**SOPHIA
KEITH**

Sprints ... Junior

DuQuoin, Illinois
Pickneyville Community HS

Meets Competed: 7

EVENT	RESULT	MEET
200 meters.....	26.39	EIU Friday Night (2/13)
400 meters.....	59.35	Grand Valley Big Meet (2/8)

PERSONAL HIGHS	EIU RECORD BOOK
200 meters.....	26.39
400 meters.....	59.35

2018-19 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**MARIE
KOCH**

Throws ... RS-Freshman

Crailsheim, Germany
Schweitzer Gymnasium

Meets Competed: 5

EVENT	RESULT	MEET
Weight Throw	41-09.25 / 12.73 m	EIU John Craft (1/18)
Shot Put.....	38-11.00 / 11.86 m	Iowa Black & Gold (1/25)

PERSONAL HIGHS	EIU RECORD BOOK
Weight Throw	41-09.25 / 12.73 m
Shot Put.....	38-11.00 / 11.86 m



**SAM
MABRY**

Middle Distance.. Freshman

St. Joseph, Illinois
St. Joseph-Ogden HS

Meets Competed: 5

EVENT	RESULT	MEET
800 meters.....	2:29.93	Iowa Black & Gold (1/25)
Mile	5:24.10	Grand Valley Big Meet (2/8)

PERSONAL HIGHS	EIU RECORD BOOK
800 meters.....	2:29.93
Mile Run	5:24.10



**MAGGIE
McPHERSON**

Distance ... Sophomore

Sterling, Illinois
Sterling HS

Meets Competed: 5

EVENT	RESULT	MEET
Mile	5:20.12	EIU John Craft (1/18)
3,000 meters.....	10:16.86	Grand Valley Big Meet (2/8)
5,000 meters.....	17:49.90	Notre Dame Meyo (2/1)

PERSONAL HIGHS	EIU RECORD BOOK
Mile	5:16.85
3,000 meters.....	10:16.86
5000 meters.....	17:49.90



**JOCELYNE
MENDOZA**

Middle Distance ... Senior

Chicago, Illinois
Taft HS

Meets Competed: 0

EVENT	RESULT	MEET
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PERSONAL HIGHS	EIU RECORD BOOK
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2018-19 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



PAIGE MINOR

Sprints/ Jumps ... Sophomore

Charleston, Illinois
Charleston HS

Meets Competed: 4

EVENT	RESULT	MEET
High Jump	5-02.50 / 1.59 m	Grand Valley Big Meet (2/8)

PERSONAL HIGHS	EIU RECORD BOOK
High Jump	5-02.50 / 1.59 m



ABBY NICHOLSON

Throws ... Junior

Catlin, Illinois
Salt Fork HS

Meets Competed: 7

EVENT	RESULT	MEET
Shot Put.....	42-04.75 / 12.92 m	OVC Championships (2/20)
Weight Throw	45-03.75 / 13.81 m	OVC Championships (2/20)

PERSONAL HIGHS	EIU RECORD BOOK
Shot Put.....	43-09.00 / 13.33 m
Weight Throw	45-03.75 / 13.81 m



LOUISA RIEGER

Sprints ... Junior

Munich, Germany
Gymnasium Ottobrunn

Meets Competed: 7

EVENT	RESULT	MEET
60m hurdles.....	9.96	IWU Keck Multi (2/1)
400 meters.....	59.35	Grand Valley Big Meet (2/8)
600 meters.....	1:41.15	Illinois Classic (1/27)
800 meters.....	2:24.06	IWU Keck Multi (2/1)
Shot Put.....	28-10.50 / 8.80 m	EIU John Craft (1/18)
High Jump	4-10.50 / 1.49 m	IWU Keck Multi (2/1)
Long Jump.....	16-04.25 / 4.98 m	IWU Keck Multi (2/1)
Pentathlon	3,239 Points	OVC Championships (2/20)

PERSONAL HIGHS	EIU RECORD BOOK
60 m hurdles.....	9.95
400 meters.....	59.35
600 meters.....	1:41.15
800 meters.....	2:24.06
Shot Put.....	28-10.50/ 8.80m
High Jump	4-10.50/ 1.49m
Long Jump.....	16-04.25/ 4.98m
Pentathlon	3,239 points..... 3rd (2019)



GRACE ROWAN

Distance ... Senior

Belleville, Illinois
Belleville Althoff Catholic HS

Meets Competed: 0

EVENT	RESULT	MEET
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FIRST PLACE FINISHES

PERSONAL HIGHS	EIU RECORD BOOK
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2018-19 WOMEN'S INDOOR TRACK & FIELD

EIU INDIVIDUAL RESULTS & PERSONAL RECORDS



**SHELBY
SILTMAN**

Distance ... Freshman

Hopedale, Illinois
Olympia HS

Meets Completed: 1

EVENT	RESULT	MEET
3,000 meters.....	10:47.36	Iowa Black & Gold (1/25)

PERSONAL HIGHS	EIU RECORD BOOK
Mile.....	5:22.48
3,000 meters.....	10:35.21
5,000 meters.....	18:45.71



**WHITNEY
SMITH**

Jumps / Sprints ... Freshman

North Chicago, Illinois
Waukegan HS

Meets Completed: 3

EVENT	RESULT	MEET
Long Jump.....	15-07.50 / 4.76 m	EIU Early Bird (12/7)
Triple Jump.....	34-00.75 / 10.38 m	EIU Early Bird (12/7)

PERSONAL HIGHS	EIU RECORD BOOK
Long Jump.....	15-07.50 / 4.76 m
Triple Jump.....	34-00.75 / 10.38 m



**MaKENNA
WILSON**

Throws ... Sophomore

Charleston, Illinois
Charleston HS

Meets Completed: 8

EVENT	RESULT	MEET
Shot Put.....	43-01.00 / 13.13 m	EIU Early Bird (12/7)
Weight Throw	56-03.75 / 17.16 m	Illinois Intercollegiate (1/12)

PERSONAL HIGHS	EIU RECORD BOOK
Shot Put.....	43-01.00 / 13.13 m
Weight Throw	56-03.75 / 17.16 m



**JASMINE
WOODLEY**

Throws ... Senior

Lombard, Illinois
Montini Catholic HS

Meets Completed: 8

EVENT	RESULT	MEET
Shot Put.....	42-01.50 / 12.84 m	OVC Championships (2/20)
Weight Throw	60-03.75 / 18.38 m	Grand Valley Big Meet (2/8)

FIRST PLACE FINISHES	MEET
Weight Throw	56-04.75 / 17.19 m
Weight Throw	60-03.75 / 18.38 m

PERSONAL HIGHS	EIU RECORD BOOK
Shot Put.....	42-01.50 / 12.84 m
Weight Throw	60-03.75 / 18.38 m

2018-19 WOMEN'S INDOOR TRACK & FIELD

EIU RELAY RESULTS & SEASON HIGHS (RECORDS)

EIU

RELAY EVENTS

4x400 Meter Relay

EVENT	RESULT	MEET
4x400 relay	4:07.61	EIU Early Bird (12/7)
	Atchison, Keith, Dowell, Jackson-Gladney	
4x400 relay	4:03.52	Illinois Intercollegiate (1/12)
	Dowell, Atchison, Hicks, Jackson-Gladney	
4x400 relay	4:07.42	EIU John Craft (1/18)
	Atchison, Dowell, Hicks, Keith	
4x400 relay	3:59.54	Iowa Black & Gold (1/26)
	Dowell, Hicks, Jackson-Gladney, Keith	
4x400 relay	3:57.33	Notre Dame Meyo (2/1)
	Hicks, Keith, Jackson-Gladney, Dowell	
4x400 relay	4:17.89	EIU Friday Night (2/15)
	Frazier, Jackson-Gladney, Gil, Carter	
4x400 relay	3:52.22	OVC Championships (2/21)
	Hicks, Kieth, Rieger, Dowell	

SEASON HIGH	EIU RECORD BOOK
4x400 relay	3:52.22
	OVC Championships (2/21)
	Hicks, Kieth, Rieger, Dowell

DISTANCE MEDLEY RELAY (DMR)

EVENT	RESULT	MEET
DMR	13:17.00	EIU John Craft (1/18)
	Fisher, Jackson-Gladney, Irish, Flanagan	
DMR	12:32.97	OVC Championships (2/20)
	Bushue, Keith, Irish, Adams	

SEASON HIGH	EIU RECORD BOOK
DMR	12:32.97
	Bushue, Keith, Irish, Adams